

PSHE Mile Oak Curriculum Map

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year R	School Values	Equality and Diversity Education	Keeping Healthy and Safe	Good to be me Growing an anti-racist school	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	Global Citizenship	Mental Health & Wellbeing	Gender	Friendship: Loss and Bereavement	Changes
	New beginnings					Going for goals

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1	School Values	Global Citizenship	Keeping Healthy and Safe	Good to be me Growing an anti-racist school	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	Equality and Diversity Education	Mental Health & Wellbeing	Gender	Friendships	Changes
	New beginnings					Going for goals

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 2	School Values	Equality and Diversity Education	Keeping Healthy and Safe	Good to be me Growing an anti-racist school	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	Global Citizenship	Mental Health & Wellbeing	Gender	Friendship: Loss and Bereavement	Changes & Moving Forward
	New beginnings					Going for goals

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 3	School Values	Equality and Diversity Education	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	Changes and Moving Forward				
	New beginnings		Going for Goals			

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2	
Year 4	School Values	Global Citizenship	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education	
	Zones of Regulation						Equality and Diversity Education
	Getting on and Falling Out	Safe and Well School Survey	Mental Health & Wellbeing	Friendship: Loss and Bereavement	Changes and Moving Forward		
	New beginnings					Going for Goals	

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 5	School Values	Equality and Diversity Education:	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation	Gender				
	Getting on and Falling Out	Global Citizenship	Mental Health & Wellbeing	Growing an anti-racist school	Gypsy Roma Traveller education	Changes and Moving Forward
	New beginnings	Safe and Well School Survey				Going for Goals

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 6	School Values	Global Citizenship	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation	Equality and Diversity Education				
	Getting on and Falling Out	Safe and Well School Survey	Mental Health & Wellbeing	Growing an anti-racist school	Friendship: Loss and Bereavement	Changes and Moving Forward
	New beginnings					Going for Goals