



### Example Home Learning Timetable

At Mile Oak, we have invested in a number of online programmes to support home learning. However, please remember that there are lots of other opportunities for learning away from a screen! Look at the ideas below and then the example timetable for inspiration.

A timetable is useful to keep children engaged and interested in what they are doing. It helps us to build routines into our day which we know is good for everybody's health and wellbeing. Remember, this is just an example – children may have lots of fun creating their own weekly timetable using this one for ideas.

**Creative Time** – Junk modelling - use old boxes like cereal packets, yoghurt pots (washed up of course!), wool, string, egg cartons and whatever else you can lay your hands on to create something. It could be a building, a car, a person, a robot, some binoculars, an animal, a spaceship or whatever your imagination suggests!

Lego – If you have some Lego (or something similar) at home, why don't you try a Lego challenge? Who can make the tallest tower, fanciest house, coolest car, beautiful garden, medieval arena, palace, a flag or some of your own ideas?

Arts and Crafts – Paint a picture, perfect your drawing skills, try tracing, decorate stones, make pasta jewellery, design a new gadget/home/car/rocket/product/meal, try origami cut up old birthday/Christmas cards and make a new picture. There are lots of ideas on Pinterest and Activity Village.

Drama – Why don't you put on a show for everyone at home? You could write a script and then perform! IT could be a stage show or maybe you might like to become a news presenter for the day! What about a bit of mime – can your family guess what it is your miming? Remember – it's all in the practice!

Music – Does your family have any instruments laying around? IF they do, use this as a time to learn to play some music. You don't need a teacher, just use your ears and make a tune! You could write some lyrics to go with your tune. If you don't have any instruments, remember that there are lots of ways to make music. Why not try body percussion where you tap different body parts and make sounds with your mouth to come up with a rhythm. If you have brothers and sisters, can you make one and stay in time with each other? What about a clapping rhythm? Could you use some objects from around your room to make different sounds? You should try and sing daily – it's good for your soul and can be done anywhere!

Fashion design – Be a fashion designer. Dress up and make a whole new look. Draw it out and choose what sort of fabrics you might use. Could you be the next Calvin Klein? Can you design some new trainers? A baseball cap?

Paper planes – Can you make a paper plane? How far does it fly? Are some designs better than others? Could you make a graph to show how far your plane flew?



Nature lover – Create a bug hotel in your garden by piling up stones and bits of sticks. What insects are attracted as the weather warms up? How many different plants can you spot in your garden? What about birds and insects? If you don't have a garden, you could bird spot from your window. Plant some seeds in your garden or in pots in the house and watch them grow.

**Ideas for 'Be a Mathematician'** - Practice place value by rolling dice and making up your own numbers – can you put them in order? Can you make the biggest and smallest number? Try some of the problems provided on the maths page.

Use your dice, playing cards, a brother or sister or a grown up to make numbers which will help you to practice the 4 operations (+ - x ÷). Don't forget to find the most efficient ways to calculate!

Learn your times tables. Did you know that there are patterns hidden in the times tables? Write out your chosen times tables and spot all of the patterns you can!

Time – Learn to tell the time. Use the clocks in your house. Can you work out what times of the day we do things e.g. lunch, dinner and bedtime? What about when the sun comes up and goes down? Track how this changes over the next few weeks.

Fractions – fractions are everywhere. Can you make some? Spot some? How many different ways can you make a half or a quarter? What do you notice? Again, fractions are full of patterns. Can you spot some?

Number games – How big does a number get when you keep doubling? What pattern can you spot when you list square numbers? How about cubed numbers? Create a Sudoku or a number maze. Create a code to crack.

Shape detective – What shapes can you find in your house? Are they regular or irregular? How do you know? Are they 3D or 2D? What properties do they have?

Data – handling – Ask your family their favourites. It could be films, food, ice-cream, snack, colour, clothes, country. Anything you want to find out! How many different ways can you represent your findings? A pictogram? Bar chart? What about representing hours of sunlight?

**Be an author** – Guess how you become an author? You write! Why don't you write something to share with your family or with your friends and teachers when you get back to school? You could become a journalist for the day and write a newspaper report on what happens in the day or you could keep a diary (this time will go down in history – perhaps someone will read your diary in the future to learn about this time!), create your own story book and write a chapter a day – will it be science fiction, romance, historical, myth, fairy-tale drama, horror or something else?



Why don't you write a letter to someone? Tell them about what you have been doing and ask them to write back to you. Even if you cannot send them now, you will be able to send them in the future.

Create instructions for anything you choose. You could design a new game and write instructions to go with it. You could write the instructions for a mysterious journey!

Look out of your window and write a poem to describe the scene. Remember, poems do not need to rhyme! Try using some figurative language for a challenge.

**Chef School** – Can you help out at home by making some meals or yummy treats for your family? You could design a menu (Check what you can use from the cupboards first!) and then you could be in charge of preparing and serving it for your family!

**Be an explorer** – Can you design another world or country? What would it be like to live there? What do the people eat and drink? What would it look like? What do the people look like? How do they communicate? What do they live in? Do people work? What do they do? Is there an ocean or lakes? What colour is your world? How do people get around? Do they have their own kind of money? Who rules the world/country? Is it a happy place or are there battles? Is there a flag and language? Why don't you create a poster to tell everyone about your world? There are many things you can design. For instance: a school, restaurant, shopping centre, football stadium, theme park, park and lots more.

**Den Time** – Where are all those sheets and towels? Can you build a den and spend some time in it?

**Exercise time** – Take it in turns to lead an exercise session with everybody at home. You could lead a stretching session, circuit training session, aerobics session, skipping session and much more. Just be active and enjoy it! You could set yourself a daily challenge! For instance, you could teach yourself to do the splits by stretching a little bit more every day or increase the number of star jumps you can do in one go by a little more each day. You could learn a dance routine and teach it to a parent.

**Star Gazing** – Wait for darkness. What can you see in the night sky? Do you know any constellations? Are there any shooting stars?

**Memory Lane** – Dig out the family photos. Are there any funny ones? Strange haircuts or outfits? Relatives you have never met or haven't seen for a long time? What did you look like as a baby?

Why don't you give an older relative a call and ask them to describe their favourite decade to you. Maybe they could tell you about the swinging sixties or the nifty fifties! Find out about foods, hobbies, jobs and lifestyle.

**Game Shows** – Why don't you try becoming a game show host? Write a set of questions and quiz your family!

	Monday	Tuesday	Wednesday	Thursday	Friday
9am – 9:30am	Reading	Reading	Reading	Reading	Reading
9:30am – 10:00am	Exercise Time	Exercise Time	Creative Time – Junk Modelling	Watch a documentary	Exercise Time
10:00am – 10:45am	Be a Mathematician	Creative Time - Drama	Exercise Time	Be an Author	Be a Mathematician
10:30am – 11:30am	Creative Time - Music	Be a Mathematician	Memory Lane	Den time	Creative time – Paper planes
11:30am – 12:30am	Be an Author	Chef School	Be an Author	Be a Mathematician	Be an Explorer
12:30am – 1:30pm	Lunch and free time	Lunch and free time	Lunch and free time	Lunch and free time	Lunch and free time
1:30pm – 2:30pm	Be an Explorer	Exercise Time	Drama	Creative Time – Fashion Design	Be an Author
2:30pm – 3:30pm	Exercise Time	Watch a documentary	Be a Mathematician	Game show	Exercise Time
3:30pm – 4:30pm	Chef School	Be an Author	Watch a documentary	Exercise Time	Chef School
4:30pm – 6:00pm	Family Time/Free Time	Family Time/Free Time	Family Time/Free Time	Family Time/Free Time	Family Time/Free Time
6:00pm – 6:30pm	Reading	Reading	Reading	Reading	Reading

