# TOP TIPS FOR READING WITH THE RELUCTANT 

Alison Muir, BHISS Literacy Team Mile Oak Primary School February 2022

## First thoughts...

- You are not alone!

- Resisting homework at some point is normal.
- So is a vicious cycle of anxiety between parent and child.
- Finding some strategies now will pay off for the next ten years!


## No rules, just some ideas



- Each child is an individual.
- Find the way that works for you.


## You've got to....

- Accentuate the positive!
- Eliminate the negative
- Latch on to the affirmative
- Don't mess with Mr In-between


## My child likes it if

## Accentuate the positive

- Choice - at least two books to choose from each time
- Books for practice and books for fun
- Alternatives to books
- comics, speedy
reading games, apps computer games!



## Accentuate the positive

- Praise - focus on all the words they can read, not the ones they are stuck on.
- Silent high 5 when they get a tricky word, summary of what they did well at the end.
- 'Pizazz' - exaggerated comic excitement.
- Visible positive reinforcement - reading chart, take photos, make a video, record them



## Accentuate the positive

- Make it special!
- Special 'contract' to set it up.
- Special chart or coupons
- Special pens
- Special stickers
- A special toy for reading time.



## My child doesn't like it if

## Eliminate the Negative

- If they are stuck on a word, it's okay to just give it to them quickly.
- If they are stuck on lots of words the book is probably too hard.
- It's okay to read a book to your child, then have them read it to you, later or another day.



## If all books seem to be quite hard...

- Some children find sounding out very slow and tiring.
- Some children take more practice to recognise the common tricky words (like 'was'.)
Speedy reading games can help build these skills.


## If all books seem to be quite hard...



- Different schemes work in different ways - your child may need to get really familiar with one or two schemes
- It's okay to have some books in for practice and some books for fun.
- If things are really tough, you may need to start with a routine where you do almost all the reading.


## If all books seem to be quite hard...

- Children can become very aware of bands and levels and want to pretend that hard books are 'too easy'.
- Lots of reminders that children who appear to find reading easy are probably doing a lot of practice (Matthew effect!)
Mix of books, speedy reading games, reading charts to give evidence of success.


## Latch on to the affirmative

- Right time and place
- Probably not bed time
- Think through and plan what is realistic and best for you
- Investing effort in establishing this routine will pay off for the rest of your child's school life



## Don't Mess with Mr In Between!

- Consequence for not reading ('screen' time?)
- Rewards depend on attitude as well as just doing it
- Give a little time for any new system to
 start to work.


## Over the holidays

- Lots of reading to your child.
- Use your library!
- Games
- Minute a day booklets
- Websites and apps

