

When your child starts primary school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help track their progress.

#### Self-care

- · I know when to wash my hands
  - I can wipe my nose
- · I can ask for help if I don't feel well

# Speaking & literacy

- I am interested in reading stories & looking at picture books
- · I am able to talk about myself, my needs & feelings
  - I am practising recognising my name when it's written down

# Getting dressed & undressed on my own

- · I can button & unbutton my clothes
- · I can put my own shoes & socks on
  - I can put my coat on & use a zip

#### Interest in the world & new activities

- · I enjoy learning about the world around me
  - I am interested in exploring new activities or environments
    - · I like asking questions

# **Eating**

- I can use a knife & fork
- · I can open my packed lunch on my own
  - I am confident at opening wrappers & packaging

#### Writing skills

- I like tracing patterns & colouring in
- · I enjoy experimenting with different shaped scribbles
  - · I am practising holding a pencil

# Going to the toilet

- I can go to the toilet on my own, wipe myself properly & flush
- · I can wash & dry my hands without any help

#### Independence

- I am happy to be away from my mummy, daddy or my main carer
- I am happy to tidy my belongings & look after my things
- · I am feeling confident about starting school

# Listening & understanding

- · I am able to sit still and listen for a short while
  - · I can follow instructions
  - · I understand the need to follow rules

# Sharing & turn taking

- · I can share toys & take turns
- · I can play games with others
- · I can interact with other children

# Counting skills

- · I enjoy practising counting objects
- · I like saying number rhymes & playing counting games
  - I can recognise some numbers when they are written down

#### **Routines**

- I have practised putting on my uniform & getting ready to leave on time
  - I have a good bedtime routine so I'm not feeling tired for school
- · I'm learning to eat at the times I will on school days

