SUNDAY



10th November – 14th November



Reception 2026/2027 September Starters – Tours now available, for further information please see below.

This week we are celebrating Anti-Bullying Week

Please remember to clearly label your child's clothes, coats, bottles and lunchboxes.

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Mon	This week's House Point Winners were Bramber! Congratulations Bramber, you can wear non-school uniform to school today. If you have PE, you may wear Non-PE active wear.	
Tues	Year 1 – Starling Class Reading Café 9:00am Year 4 – Southwick Hill Walk Year 5&6 Basketball Tournament – Pre-agreed places only. Reception 2026/2027 September Starters School Tour – 6:00pm	
Weds	Cross Country – Pre-agreed places only	
Thurs	Ambassadors, you may wear your home clothes. If you have PE, you may wear Non-PE active wear. Year 5 – Rowan Class Swimming (please remember your swim hats) Year 5 Football Tournament – Pre-agreed places only	
Fri	Anti-Bullying Week dress up day! <i>For more information please see below</i> . Year 1 – Rainbow Theatre visit Year 1	











Pride Courage

SUNDAY Cemindena



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A note from the Office

Reporting an Absence from School

If your child will be absent from School due to illness, please call 01273 077114 and select option 1, you will then be transferred to an answer phone. Please leave you child's name, class and reason for their absence. This *must* be done before 9am on every day of absence.

Class Readers

If your child has a class reader please remember to send it in daily.

TTRS, Numbots and Reading

Please encourage your child to read at home and log into TTRS and Numbots daily.

PE – Earrings and Long Hair

In line with the school's jewellery policy, children should only have stud earrings or wrist watches on. These will need to be removed for all PE lessons. In the unlikely event that earnings can't be removed, they will need to be taped.

All hair below chin length will need to be tied back for PE.

Healthy Snacks

In Reception, Year 1 and Year 2 children are provided with free fruit or vegetable snacks. In Year 3, 4, 5 and 6, children can bring in a healthy snack to eat in the playground. Here is the list of acceptable healthy snacks that children can bring to school:

Fruit, Crackers (can be with cheese), Crispbread (can be with cheese), Breadstick, Plain rice cakes, Vegetable sticks (carrot, cucumber etc.) Children are encouraged to bring in a sports top bottle containing water

Nut Free School

Please remember that we are a nut free school.

Please ensure you check all ingredients before packing your child's lunchboxes.

School Trips

If your child has a school trip, please send them into school wearing their school uniform. They should also bring a sun hat ,water bottle and sun cream.





Respect







Courage

Pride

Reception 2026/27 September Starters School Tours



10th November - 14th November





At Mile Oak Primary School We Think Big!













We are excited to invite families interested in joining our Mile Oak Reception class for September 2026 to contact the school office to arrange a personal or small group tour during a school day. This enables us to schedule a visit at a date and time that is most convenient for you and your family.

For those unable to attend during school hours, we also offer tours during evenings and weekends to accommodate your availability.

We look forward to the opportunity to meet you and welcome you to our school community.

To book a tour, please contact the school office team by telephone or email.



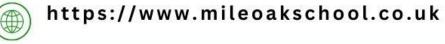
Tuesday 7 th October	6:00pm
Saturday 22 nd November	10:00am
Tuesday 11th November	6:00pm







Mile Oak Primary School, Graham Avenue, Portslade, BN41 2WN







Little Oaks Nursery is led by qualified teachers and highly experienced practitioners. It has a nurturing, creative and inspiring curriculum, with provision for children aged between 2 & 4 years old.

Nursery tours are available throughout the year!



We are on

Social Media!





Respect







Courage



Every year, bullying impacts the lives of countless young people and silence helps it grow. That's why, this Anti-Bullying Week, we're empowering young people to use their Power for Good to safely speak up and raise awareness when they see bullying, face to face or online.

Lasting change needs all of us. From playgrounds to parliament, our homes to our phones — we all have a part to play. Together, we can use our Power for Good to end bullying — for good.

For dressing up we want the theme to be 'Power for Good'. We would like children to be imaginative so they could think of;



The Power of upstanders - making yourself stand out in a powerful crazy costume where everything is unique to you to show that we all have the power to be an upstander.

The Power of Good - dressing up and having the lightening bolt theme somewhere on you (a hat, a badge, a model lightning bolt)

www.anti-bullyingalliance.org.uk