

SUNDAY

Summary



23rd February – 27th February



This week Mile Oak will be taking part in Children’s Mental Health Week. We know that our sense of belonging as individuals, in our friendships, in school, and in communities plays a vital role in our mental health and wellbeing.

To know our place and really feel part of our environment is a basic human need. It can have powerful and long-lasting impacts in lots of areas of our lives, including our physical and mental health, education, employment and relationships. When we feel that we belong, it empowers us to contribute to the world and make a real difference.

This year, Children’s Mental Health Week will aim to support our children to in their understanding of belonging and to say "This is My Place".

| | |
|-------|---|
| Mon | This week’s House Point Winners were Bodiam! Congratulations Bodiam, you can wear non-school uniform to school today. If you have PE, you may wear Non-PE active wear. Children return to school |
| Tues | |
| Weds | Reception Health Screening – Onsite |
| Thurs | Reception Health Screening – Onsite Year 5 Swimming – Elder class (please remember your swim hats) Year 6 Trip to Southwick Hill |
| Fri | Ambassadors, you may wear your home clothes. If you have PE, you may wear Non-PE active wear |



Ambition



Respect



Pride



Courage

SUNDAY

Reminders



23rd February – 27th February



A note from the Office

Reporting an Absence from School

If your child will be absent from School due to illness, please call 01273 077114 and select option 1, you will then be transferred to an answer phone. Please leave your child's name, class and reason for their absence. This **must** be done before 9am on every day of absence.

Class Readers

If your child has a class reader please remember to send it in daily.

TTRS, Numbots and Reading

Please encourage your child to read at home and log into TTRS and Numbots daily.

PE – Earrings and Long Hair

In line with the school's jewellery policy, children should only have stud earrings or wrist watches on. These will need to be removed for all PE lessons. In the unlikely event that earrings can't be removed, they will need to be taped. All hair below chin length will need to be tied back for PE.

Healthy Snacks

In Reception, Year 1 and Year 2 children are provided with free fruit or vegetable snacks. In Year 3, 4, 5 and 6, children can bring in a healthy snack to eat in the playground. Here is the list of acceptable healthy snacks that children can bring to school:

Fruit, Crackers (can be with cheese), Crispbread (can be with cheese), Breadstick, Plain rice cakes, Vegetable sticks (carrot, cucumber etc.) Children are encouraged to bring in a sports top bottle containing water

Nut Free School

Please remember that we are a nut free school.

Please ensure you check all ingredients before packing your child's lunchboxes.

School Trips

If your child has a school trip, please send them into school wearing their school uniform. They should also bring a sun hat, water bottle and sun cream.

Please remember to clearly label your child's clothes, coats, bottles and lunchboxes.



Ambition



Respect



Pride



Courage

Lunch Time Clubs



23rd February – 27th February



|  Mile Oak Primary School | <u>Lunch Time Clubs</u> | | | |  Mile Oak Primary School |
|---|--|--|---------------|-------------|---|
| Monday | Lego |  | Years 1 - 6 | 12.15-1.15 | Mrs Hills |
| | Retreat: Colouring, quiz, reading, cards |  | Years 1 - 6 | 12:15-1:15 | Ms Wilks |
| Tuesday | Mindfulness colouring |  | Years 2,5 & 6 | 12:15-12:45 | Miss Cook |
| Wednesday | Games |  | Years 5 & 6 | 12.15-12.45 | Mr McCusker |
| Wednesday (Summer Term) | Games |  | Years 2 & 3 | 12.45-1.15 | Ms Griffiths |
| Wednesday (Spring Term) | Mindfulness |  | Years 3 & 4 | 12.45-1.15 | Ms McArdle |
| Friday | Drawing |  | Years 3 & 4 | 12.45-1.15 | Mrs Croghan |



Ambition



Respect



Pride



Courage



TTSA Community Art Project

Mile Oak works with a group of schools as part of the Thrive Together School Alliance (The TTSA). Following the success of our 'Inspiring Voices' oracy event, we are running an art project for everyone in our communities to take part in. We would like children and families to produce a piece of art depicting what Spring means to them. This could be a family collaboration or an individual piece. Your choice of media is up to you: paints, chalks, collage, pencil, clay, photography or any other media you wish to choose. Spring is full of evocative emotions and feelings which can be a great basis for expression.

Excitingly, one winner from each year group will be selected and their artwork will be displayed as part of a TTSA art exhibition in a public venue in the city.

Remember to ... **THINK BIG!**

Please send any digital entries to: office@mileoak.brighton-hove.sch.uk ; please write Spring Art Project in the subject box.

For other entries your child can bring them to school and hand them to their class teacher.

The deadline for entries is: Wednesday 25th February 2026

We cannot wait to see your masterpieces!



Ambition



Respect



Pride



Courage