

PSHE Mile Oak Curriculum Map

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year R	School Values	Equality and Diversity Education: Family Diversity	Keeping Healthy and Safe	Good to be me Growing an anti-racist school	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	Going for goals				
	New beginnings					

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1	School Values	Global Citizenship	Keeping Healthy and Safe	Good to be me Growing an anti-racist school	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	Going for goals				
	New beginnings					

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 2	School Values	Equality and Diversity Education: Nothing about me without me	Keeping Healthy and Safe	Good to be me Growing an anti-racist school	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	New beginnings	Going for goals			

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 3	School Values	Equality and Diversity Education: Gender	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	New beginnings	Going for Goals			

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 4	School Values	Global Citizenship	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation			Growing an anti-racist school		
	Getting on and Falling Out	Equality and Diversity Education: Nothing about me without me	Mental Health & Wellbeing	Friendship: Loss and Bereavement	Changes and Moving Forward	
	New beginnings	Safe And Well School Survey			Going for Goals	

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 5	School Values	Equality and Diversity Education: Gender	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation					
	Getting on and Falling Out	Global Citizenship	Mental Health & Wellbeing	Growing an anti-racist school	Gypsy Roma Traveller education	Changes and Moving Forward
	New beginnings					Safe And Well School Survey

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 6	School Values	Global Citizenship	Keeping Healthy and Safe	Good to be me	Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	Zones of Regulation	Equality and Diversity Education: LGBT				
	Getting on and Falling Out	Safe And Well School Survey	Mental Health & Wellbeing	Growing an anti-racist school	Friendship: Loss and Bereavement	Changes and Moving Forward
	New beginnings					Going for Goals