

## PSHE Mile Oak Curriculum Map

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
<b>Year R</b>	<b>Zones of Regulation</b>	<b>Family Diversity</b>	<b>Health &amp; Drugs Education</b>	<b>Good to be me</b>	<b>Protective Behaviours: Feeling Good, Feeling Safe</b>	<b>Relationships, Sex &amp; Health Education</b>
	<b>New beginnings</b>			<b>Growing an anti-racist school</b>		
	<b>Getting on and Falling Out</b>	<b>Global Citizenship: Our City, Our World</b>	<b>Mental Health &amp; Wellbeing</b>	<b>Gender</b>	<b>Relationships: Loss and Bereavement</b>	<b>Changes</b>
	<b>School Values</b>					<b>Going for goals</b>

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1	Zones of Regulation	Gypsy Roma Traveller education	Health & Drugs Education	Good to be me	Protective Behaviours: Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	New beginnings			Growing an anti-racist school		
	Getting on and Falling Out	Anti-Bullying Week	Mental Health & Wellbeing			
	School Values	Global Citizenship: Our City, Our World		Gender	Relationships	Going for goals

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
<b>Year 2</b>	<b>Zones of Regulation</b>	<b>Anti-Bullying Week</b>	<b>Health &amp; Drugs Education</b>	<b>Good to be me</b>	<b>Protective Behaviours: Feeling Good, Feeling Safe</b>	<b>Relationships, Sex &amp; Health Education</b>
	<b>New beginnings</b>	<b>Disability Equality</b>				
	<b>Getting on and Falling Out</b>	<b>Education: Nothing about me without me</b>	<b>Mental Health &amp; Wellbeing</b>	<b>Growing an anti-racist school</b>		<b>Changes &amp; Moving Forward</b>
	<b>School Values</b>	<b>Global Citizenship: Our City, Our World</b>		<b>Gender</b>	<b>Relationships: Loss and Bereavement</b>	<b>Going for goals</b>



	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 4	Zones of Regulation	Disability Equality Education:	Drugs, Alcohol and Tobacco Education	Good to be me	Protective Behaviours: Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	New beginnings	Nothing about me without me		Growing an anti-racist school		
		Anti-Bullying Week				
	Getting on and Falling Out	Global Citizenship: Our City, Our World	Mental Health & Wellbeing		Relationships: Loss and Bereavement	Changes and Moving Forward
	School Values					Going for Goals

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 5	Zones of Regulation	Gender	Drugs, Alcohol and Tobacco Education	Good to be me	Protective Behaviours: Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	New beginnings	Anti-Bullying Week				
	Getting on and Falling Out	Global Citizenship: Our City, Our World	Mental Health & Wellbeing	Growing an anti-racist school	Gypsy Roma Traveller education	Changes and Moving Forward  Going for Goals
	School Values					

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 6	Zones of Regulation	LGBTQ Equality Education	Drugs, Alcohol and Tobacco Education	Good to be me	Protective Behaviours: Feeling Good, Feeling Safe	Relationships, Sex & Health Education
	New beginnings	Anti-Bullying Week				
	Getting on and Falling Out	Global Citizenship: Our City, Our World	Mental Health & Wellbeing	Growing an anti-racist school	Relationships: Loss and Bereavement	Changes and Moving Forward  Going for Goals
	School Values					