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All learning outcomes references for the PSHE topics are from the PSHE Association Programme of Study, which is organised into 3 core themes:

Core Theme 1: Health and wellbeing (H)

Core Theme 2: Relationships (R)

Core Theme 3: Living in the Wider World (L)

Year group		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year R	1	Zones of Regulation x1	Global Citizenship x2	Health & Drugs Education x3	Good to be me (GTBM) x2	Protective Behaviours-Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x3
	2	New beginnings (SEAL) x2					
	3		School Values x4	Global Citizenship x1	Mental Health & Wellbeing x3		
	4	Family Diversity x3					Gender x2
	5		NA	NA	NA	Going for goals (SEAL) x2	
	6	NA					NA
	7		Spring 1- Online Safety Week/ Mental health and wellbeing week				
			Getting on and falling out- to be used when required each term				

Year group		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1	1	Zones of Regulation x1	Global Citizenship x2	Health & Drugs Education x3	Good to be me (GTBM) x2	Protective Behaviours-Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x3
	2	New beginnings (SEAL) x2					
	3	School Values x4	Gypsy Roma Traveller education (GRT) x3	Mental Health & Wellbeing x3	Gender x2	Relationships x2	Changes (SEAL) x2
	4						
	5						
	6						
	7	EXTRA	NA	NA	NA	Going for goals (SEAL) x2	
			<p>Spring 1- Online Safety Week/ Mental health and wellbeing week</p> <p>Getting on and falling out- to be used when required each term</p> <p>Money Management- teach as part of maths when covering topic of money</p>				

Year group		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2	
Year 2	1	Zones of Regulation x1	Global Citizenship x2	Health & Drugs Education x3	Good to be me (GTBM) x3	Protective Behaviours-Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x3	
	2	New beginnings (SEAL) x2						
	3		Anti-Bullying Week					
	4	School Values x4	Disability Equality Education- Nothing about me without me x3	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x1		Changes & Moving Forward (SEAL) x2	
	5					Gender x2		Relationships- Loss and Bereavement x2
	6							Going for goals (SEAL) x2
	7					EXTRA	NA	NA
		Spring 1- Online Safety Week/ Mental health and wellbeing week Getting on and falling out- to be used when required each term Money Management- teach as part of maths when covering topic of money						

Year group		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 3	1	Zones of Regulation x1	Global Citizenship x2	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x3	Protective Behaviours-Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2					
	4	School Values x4	Global Citizenship x1	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x3	Relationships x2	Changes and Moving Forward (SEAL) or Going for Goals (SEAL) X3
	5		Gender x2				
	6						
	7		EXTRA	NA	NA	NA	
		Spring 1- Online Safety Week/ Mental health and wellbeing week Getting on and falling out- to be used when required each term Money Management- teach as part of maths when covering topic of money					

Year group		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 4	1	Zones of Regulation x1	Global Citizenship x2	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x2	Protective Behaviours-Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2					
	3		School Values x4	Disability Equality Education- Nothing about me without me x3	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x3	Relationships- Loss and Bereavement x2
	4						
	5						
	6						
	7	SAWSS (every 2 years)	NA	NA	NA		
			Spring 1- Online Safety Week/ Mental health and wellbeing week Getting on and falling out- to be used when required each term Money Management- teach as part of maths when covering topic of money				

Year group		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 5	1	Zones of Regulation x1	Global Citizenship x2	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x3	Protective Behaviours-Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2					
	3	School Values x4	Gender x3	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x3	Gypsy Roma Traveller education (GRT) x2	Changes and Moving Forward (SEAL) or Going for Goals (SEAL) X3
	4						
	5						
	6						
	7	SAWSS (every 2 years)	NA	NA	NA		
		<p>Spring 1- Online Safety Week/ Mental health and wellbeing week</p> <p>Getting on and falling out- to be used when required each term</p> <p>Money Management- teach as part of maths when covering topic of money</p>					

Year group		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 6	1	Zones of Regulation x1	Global Citizenship x2	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x3	Protective Behaviours-Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2					
	3		Anti-Bullying Week				
	4	School Values x4	EXTRA	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x3	Relationships- Loss and Bereavement x2	Changes and Moving Forward (SEAL) or Going for Goals (SEAL) X3
	5		LGBTQ Equality Education x2				
	6						
	7		SAWSS (every 2 years)	NA	NA	NA	
		<p>Spring 1- Online Safety Week/ Mental health and wellbeing week</p> <p>Getting on and falling out- to be used when required each term</p> <p>Money Management- teach as part of maths when covering topic of money</p>					